Mittagessen

Twelve is lunchtime, not only for the school, but also for almost every business in town. (And when you're in the lower grades, this is the end of the school day.) People all over Germany leave work at twelve to go home and eat with their families. Almost all shops and businesses close at around 12 and they don't reopen until about 1 or 2pm. (I've been told this is because of a German law that regulates when businesses can be open. Lunch is the bigger hot meal of the day. (kind of like dinner in America) After lunch it's the quiet hour. This is the time that you can't play you radio very loud, and it's polite to hold off calling someone at this time. German students usually use this time to do their homework, to study or to take a nap. (if they stayed up the night before)

Nachmittags

Some days we would have to go back to school at 2:00 and then go to two classes. Usually in the afternoons we would go over to someone's house or go into town and go shopping. At around four every day we would watch "Verbotene Liebe" a German teenage soap opera, and snack on chocolate.

Abendessen

We would have dinner at 7 or 8. There was always a baguette and other breads, with cheeses, (Jarlsberg, cream cheese, and some French cheeses) ham, smoked sausages, and sometimes a salad.

Abends

After dinner sometimes we would go to an outdoor Café and get something to drink, to the movies, or to a Kneipe or Pub. Finally we would get back home and I would go to bed at about 10 or 11.

Weekly schedule