

**HAM, TURKEY COOKED FROZEN SLICED .5 OZ EXTRA LEAN**

**Nutritional Facts**

Serving Size: 57 gr (57gr)

Servings Per Container 94

**Amount per Serving**

**Calories: 70**

**Calories from  
Fat: 25**

**% Daily Value \***

**Total Fat: 3g** 5%

Saturated Fat: 1g 5%

Trans Fat: 0g

**Cholesterol: 40mg** 13%

**Sodium: 360mg** 15%

**Total Carbohydrate: 0g** 0%

Dietary Fiber: 0g 0%

Sugars: 0g

**Protein 10g**

Vitamin A: 0%

Vitamin C: 2%

Calcium: 0%

Iron: 4%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**Ingredients:**

TURKEY THIGH MEAT, WATER, CONTAINS 2% OR LESS LITE SALT (POTASSIUM CHLORIDE, SODIUM CHLORIDE), SUGAR, SODIUM PHOSPHATE, SALT, CARRAGEENAN, SODIUM ERYTHORBATE, NATURAL SMOKE FLAVORING, SODIUM NITRITE.

**Allergens**

Allergen	Does Not Contain	Contains	May Contain	No Data
Crustacean	✓			
Eggs	✓			
Fish	✓			
Gluten				✓
Milk	✓			
Peanuts	✓			
Soy	✓			
Tree Nuts	✓			
Wheat	✓			

**TURKEY, BREAST MULTI-PIECE SKINLESS COOKED OVEN ROASTED**

**Nutritional Facts**

Serving Size: 56 gr (56gr)  
Servings Per Container 152

Amount per Serving		Calories from Fat: 5	
Calories: 50		% Daily Value *	
Total Fat: .5g		1%	
Saturated Fat: 0g		0%	
Trans Fat: 0g			
Cholesterol: 20mg		7%	
Sodium: 270mg		11%	
Total Carbohydrate: 1g		0%	
Dietary Fiber: 0g		0%	
Sugars: 0g			
Protein 9g			
Vitamin A:		0%	
Vitamin C:		0%	
Calcium:		0%	
Iron:		0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**Ingredients:**

TURKEY BREAST MEAT, TURKEY BROTH, MODIFIED FOOD STARCH, CONTAINS 2% OR LESS LITE SALT (POTASSIUM CHLORIDE, SODIUM CHLORIDE), SUGAR, SODIUM PHOSPHATE, SALT, FLAVORING.

**Allergens**

Allergen	Does Not Contain	Contains	May Contain	No Data
Crustacean	✓			
Eggs	✓			
Fish	✓			
Gluten				✓
Milk	✓			
Peanuts	✓			
Soy	✓			
Tree Nuts	✓			
Wheat	✓			

CHEESE, AMERICAN SLICED 120 COUNT PROCESSED REF

Nutritional Facts			
Serving Size: 19 gr (19gr)			
Servings Per Container 120			
Amount per Serving			
Calories: 70		Calories from Fat: 50	
			% Daily Value *
Total Fat: 6g			9%
Saturated Fat: 3.5g			18%
Trans Fat: 0g			
Cholesterol: 15mg			5%
Sodium: 320mg			13%
Total Carbohydrate: 1g			0%
Dietary Fiber: 0g			0%
Sugars: 1g			
Protein 3g			
Vitamin A:			4%
Vitamin C:			0%
Calcium:			10%
Iron:			0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**Ingredients:**

CULTURED PASTEURIZED MILK AND SKIM MILK, CREAM, WATER, MILKFAT, SALT, SODIUM CITRATE, CONTAINS LESS THAN 2% OF SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), LACTIC ACID, ARTIFICIAL COLOR, ENZYMES, SOY LECITHIN AND SOYBEAN OIL BLEND.

**Allergens**

Allergen	Does Not Contain	Contains	May Contain	No Data
Crustacean	✓			
Eggs	✓			
Fish	✓			
Gluten				✓
Milk		✓		
Peanuts	✓			
Soy		✓		
Tree Nuts	✓			
Wheat	✓			

Product Description:	Wheat Pullman
----------------------	---------------

Product Description:	Wheat Pullman
----------------------	---------------

**Specifications:** Loaf Wt: 24oz.

**Specifications:** Loaf Wt: 24oz.

Number of slices: 32

Slice Thickness: 15/32"

**Kosher:** Pareve

**Kosher:** Pareve

**Allergens:** wheat, soy

**Allergens:** wheat, soy

### Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, whole wheat flour, high fructose corn syrup, contains 2% or less of each of the following: yeast, soybean oil, salt, wheat gluten, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), caramel color, calcium propionate (mold inhibitor), corn starch, yeast nutrients (calcium sulfate, ammonium chloride), soy lecithin.

### Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx. 0.75oz.      approx. 22      gram slice

Servings per container: 32 slices

Nutrient	Values	Unit	%DailyValue
Calories	60	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	

Cholesterol	0	mg	0
Sodium	110	mg	4%
Total Carbohydrate	11	g	4%
Dietary Fiber	less than 1	g	2%
Sugars	1	g	
Protein	2	g	
Vitamin A			
Vitamin C			
Calcium			2%
Iron			6%
Thiamin			8%
Riboflavin			4%
Niacin			6%
Folate			6%