CHEESE, AMERICAN SLICED 120 COUNT PROCESSED REF

	Nutritional Facts (4 slice	s per sandwich)
Serving Size: 19 gr (19gr) Servings Per Container 120	()		,
Amount per Serving			
Calories: 70			Calories from Fat: 50
			% Daily Value [*]
Total Fat: 6g			9%
Saturated Fat: 3.5g			18%
Trans Fat: 0g			
Cholesterol: 15mg			5%
Sodium: 320mg			13%
Total Carbohydrate: 1g			0%
Dietary Fiber: 0g			0%
Sugars: 1g			
Protein 3g			
Vitamin A:			4%
Vitamin C:			0%
Calcium:			10%
Iron:			0%
	sed on a 2,000 calorie diet. Your lower depending on your calorie		
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat Cholesterol	Less than	20g	25g
Sodium	Less than Less than	300mg 2400mg	300mg 2400mg
Total Carbohydrate	LCGG triair	300g	375g
Dietary Fiber		25g	30g

Ingredients:

CULTURED PASTEURIZED MILK AND SKIM MILK, CREAM, WATER, MILKFAT, SALT, SODIUM CITRATE, CONTAINS LESS THAN 2% OF SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), LACTIC ACID, ARTIFICAL COLOR, ENZYMES, SOY LECITHIN AND SOYBEAN OIL BLEND.

Allergens

Allergens				
Allergen	Does Not Contain	Contains	May Contain	No Data
Crustacean	✓			
Eggs	✓			
Fish	✓			
Gluten				✓
Milk		✓		
Peanuts	✓			
Soy		✓		
Tree Nuts	✓			
Wheat	✓			

Label Description: Nickles Texas Toast Enriched Bread

Kosher Symbol Pareve

Allergens wheat, soy

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, soybean oil, contains 2% or less of each of the following: yeast, salt, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), corn flour, spice and coloring, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, calcium propionate (preservative), soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx.1.3 oz.

Servings per container: 19 slices

Nutrient	Values	Unit	%DailyValue
Calories	90	kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	
Sodium	210	mg	9%
Total Carbohydrate	18	g	6%

Dietary Fiber	less than 1	g	2%
Sugars	less than 1	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			0%
Iron			6%
Thiamin			10%
Riboflavin			8%
Niacin			6%
Folate			10%