

## CHICKEN, PATTY NUGGET BREADED WHOLE GRAIN

### Nutritional Facts

Serving Size: 5 pc (86gr)  
 Servings Per Container 158

**Amount per Serving**

**Calories:** 180

**Calories from  
Fat:** 80

**% Daily Value \***

**Total Fat:** 9g 14%

Saturated Fat: 2g 10%

Trans Fat: 0g

**Cholesterol:** 45mg 15%

**Sodium:** 280mg 24%

**Total Carbohydrate:** 13g 4%

Dietary Fiber: 1g 4%

Sugars: 1g

**Protein** 14g

Vitamin A: 2%

Vitamin C: 0%

Calcium: 4%

Iron: 10%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    | Calories  | 2,000  | 2,500  |
|--------------------|-----------|--------|--------|
| Total Fat          | Less than | 65g    | 80g    |
| Sat Fat            | Less than | 20g    | 25g    |
| Cholesterol        | Less than | 300mg  | 300mg  |
| Sodium             | Less than | 2400mg | 2400mg |
| Total Carbohydrate |           | 300g   | 375g   |
| Dietary Fiber      |           | 25g    | 30g    |

**Ingredients:**

CHICKEN, WATER, VEGETABLE PROTEIN PRODUCT (ISOLATED SOY PROTEIN, MAGNESIUM OXIDE, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, VITAMIN B-12, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE MONONITRATE AND RIBOFLAVIN), DRIED WHOLE EGG SOLIDS, SALT, SUGAR, SODIUM PHOSPHATES, WHITE PEPPER, ONION POWDER AND GARLIC POWDER. BATTERED AND PREDUSTED WITH: WATER, BLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SPICE, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, CALCIUM CARBONATE, MONOCALCIUM PHOSPHATE), DEHYDRATED BELL PEPPER, ONION POWDER, GARLIC POWDER, LESS THAN 2% SODIUM SILICOALUMINATE ADDED TO PREVENT CAKING.

BREADED WITH: ENRICHED WHOLE GRAIN FLOUR (WHOLE GRAIN WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SPICE, NATURAL FLAVOR (MALTODEXTRIN, YEAST EXTRACT, NATURAL FLAVOR, HYDROLYZED CORN PROTEIN, SOYBEAN OIL, SILICON DIOXIDE TO PREVENT CAKING), SOYBEAN OIL, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), GARLIC POWDER, ONION POWDER, DEHYDRATED BELL PEPPER, NATURAL FLAVOR (NATURAL EXTRACTIVES OF PAPRIKA WITH SOYBEAN AND/OR CANOLA OIL, SOY LECITHIN, MONO- AND DIGLYCERIDES, NATURAL FLAVOR, ASCORBIC ACID, TOCOPHEROL), SPICE EXTRACTIVES. BREADING SET IN VEGETABLE OIL.

**Allergens**

| Allergen   | Does Not Contain | Contains | May Contain | No Data |
|------------|------------------|----------|-------------|---------|
| Crustacean | ✓                |          |             |         |
| Eggs       |                  | ✓        |             |         |
| Fish       | ✓                |          |             |         |
| Gluten     |                  |          |             | ✓       |
| Milk       | ✓                |          |             |         |
| Peanuts    | ✓                |          |             |         |
| Soy        |                  | ✓        |             |         |
| Tree Nuts  | ✓                |          |             |         |
| Wheat      |                  | ✓        |             |         |