

CHICKEN, PATTY NUGGET BREADED WHOLE GRAIN

Nutritional Facts			
Serving Size: 5 pc (86gr)			
Servings Per Container 158			
Amount per Serving			
Calories: 180			Calories from Fat: 80
			% Daily Value *
Total Fat: 9g			14%
Saturated Fat: 2g			10%
Trans Fat: 0g			
Cholesterol: 45mg			15%
Sodium: 280mg			24%
Total Carbohydrate: 13g			4%
Dietary Fiber: 1g			4%
Sugars: 1g			
Protein 14g			
Vitamin A:			2%
Vitamin C:			0%
Calcium:			4%
Iron:			10%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients:

CHICKEN, WATER, VEGETABLE PROTEIN PRODUCT (ISOLATED SOY PROTEIN, MAGNESIUM OXIDE, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, VITAMIN B-12, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE MONONITRATE AND RIBOFLAVIN), DRIED WHOLE EGG SOLIDS, SALT, SUGAR, SODIUM PHOSPHATES, WHITE PEPPER, ONION POWDER AND GARLIC POWDER. BATTERED AND PREDUSTED WITH: WATER, BLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SPICE, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, CALCIUM CARBONATE, MONOCALCIUM PHOSPHATE), DEHYDRATED BELL PEPPER, ONION POWDER, GARLIC POWDER, LESS THAN 2% SODIUM SILICOALUMINATE ADDED TO PREVENT CAKING.

BREADED WITH: ENRICHED WHOLE GRAIN FLOUR (WHOLE GRAIN WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SPICE, NATURAL FLAVOR (MALTODEXTRIN, YEAST EXTRACT, NATURAL FLAVOR, HYDROLYZED CORN PROTEIN, SOYBEAN OIL, SILICON DIOXIDE TO PREVENT CAKING), SOYBEAN OIL, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), GARLIC POWDER, ONION POWDER, DEHYDRATED BELL PEPPER, NATURAL FLAVOR (NATURAL EXTRACTIVES OF PAPRIKA WITH SOYBEAN AND/OR CANOLA OIL, SOY LECITHIN, MONO- AND DIGLYCERIDES, NATURAL FLAVOR, ASCORBIC ACID, TOCOPHEROL), SPICE EXTRACTIVES. BREADING SET IN VEGETABLE OIL.

Allergens

Allergen	Does Not Contain	Contains	May Contain	No Data
Crustacean	✓			
Eggs		✓		
Fish	✓			
Gluten				✓
Milk	✓			
Peanuts	✓			
Soy		✓		
Tree Nuts	✓			
Wheat		✓		