

YOGURT, STRAWBERRY BANANA BLENDED TFF SS CUP RBST FREE REF TRIX BASH

Brand Name: YOPLAIT

Package Size: 48/4 OZ

Manufacturer Name: GENERAL MILLS INC (546)

Nutritional Facts																						
Serving Size: 113 gr (113gr)																						
Amount per Serving																						
Calories: 100	Calories from Fat: 5																					
	% Daily Value																					
Total Fat: .5g	1%																					
Saturated Fat: .5g	0%																					
Trans Fat: 0g																						
Cholesterol: 5mg	1%																					
Sodium: 50mg	2%																					
Total Carbohydrate: 20g	7%																					
Dietary Fiber: 0g	0%																					
Sugars: 14g																						
Other Carbohydrate:																						
Protein 3g																						
Vitamin A:	10%																					
Vitamin C:	0%																					
Calcium:	10%																					
Iron:	0%																					
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:																						
	<table border="0"> <tr> <td>Calories</td> <td style="text-align: center;">2,000</td> <td style="text-align: center;">2,500</td> </tr> <tr> <td>Total Fat</td> <td style="text-align: center;">Less than 65g</td> <td style="text-align: center;">80g</td> </tr> <tr> <td>Sat Fat</td> <td style="text-align: center;">Less than 20g</td> <td style="text-align: center;">25g</td> </tr> <tr> <td>Cholesterol</td> <td style="text-align: center;">Less than 300mg</td> <td style="text-align: center;">300mg</td> </tr> <tr> <td>Sodium</td> <td style="text-align: center;">Less than 2400mg</td> <td style="text-align: center;">2400mg</td> </tr> <tr> <td>Total Carbohydrate</td> <td style="text-align: center;">300g</td> <td style="text-align: center;">375g</td> </tr> <tr> <td>Dietary Fiber</td> <td style="text-align: center;">25g</td> <td style="text-align: center;">30g</td> </tr> </table>	Calories	2,000	2,500	Total Fat	Less than 65g	80g	Sat Fat	Less than 20g	25g	Cholesterol	Less than 300mg	300mg	Sodium	Less than 2400mg	2400mg	Total Carbohydrate	300g	375g	Dietary Fiber	25g	30g
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Ingredients:

CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, MODIFIED CORN STARCH, KOSHER GELATIN, CITRIC ACID, NATURAL AND ARTIFICIAL FLAVOR, POTASSIUM SORBATE ADDED TO MAINTAIN FRESHNESS, RED # 40, YELLOW # 5, VITAMIN A ACETATE, VITAMIN D3.

Additional Description:

1 Kid cup yogurt in K-12 and in retail. Provides one meat alternative. Good source of calcium and vitamins A&D

Preparations and Cooking Instructions:

Ready to eat single serving

Handling Instructions:

Easy to serve 4 oz cups - keep refrigerated

BAGEL, PLAIN 2.3 OZ SLICED THAW & SERVE FROZEN

Nutritional Facts

Serving Size: 67 G (67gr)

Servings Per Container 72

Amount per Serving

Calories: 190

**Calories from
Fat: 5**

% Daily Value *

Total Fat: .5g 1%

Saturated Fat: 0g 0%

Trans Fat: 0g

Cholesterol: 0mg 0%

Sodium: 290mg 12%

Total Carbohydrate: 38g 13%

Dietary Fiber: 1g 5%

Sugars: 4g

Protein 7g

Vitamin A: 0%

Vitamin C: 0%

Calcium: 10%

Iron: 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients:

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, RICE FLOUR, YEAST, WHEAT GLUTEN, CALCIUM PROPIONATE AND SODIUM METABISULFITE (PRESERVATIVES), DOUGH CONDITIONERS (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: MONO- AND DIGLYCERIDES, ASCORBIC ACID, ENZYMES, POTASSIUM IODATE), MONOCALCIUM PHOSPHATE, CORN STARCH, SOY LECITHIN, SOY FLOUR.

Allergens

Allergen	Does Not Contain	Contains	May Contain	No Data
Crustacean				✓
Eggs				✓
Fish				✓
Gluten				✓
Milk				✓
Peanuts				✓
Soy		✓		
Tree Nuts				✓
Wheat		✓		