





# CHILDRENS CENTER LUNCH



# FEBRUARY/MARCH

### MAIN ENTRÉE

2/17/2025	2/18/2025	2/19/2025	2/20/2025	2/21/2025
Corn Dog Nuggets (6) w/ WG Roll OR Daily alternative Vegetable of the day Baked Beans Assorted Fruit 1% White Milk	Chicken Nuggets w/ WG Roll OR Daily alternative Vegetable of the day Steamed Green Beans Assorted Fruit 1% White Milk	Cheeseburger on WG Bun OR Daily alternative Vegetable of the day French Fries 1/2 C Chilled Peaches 1% White Milk	Sweet & Sour Chicken w/ Fried Rice OR Daily alternative Vegetable of the day Steamed Broccoli Assorted Fruit 1% White Milk	French Bread Pizza (WG)  OR Daily alternative Vegetable of the day Steamed Carrots 1/2 C Juice 1% White Milk
2/24/2025	2/25/2025	2/26/2025	2/27/2025	2/28/2025
Lasagna Rollups w/ WG Roll OR Daily alternative Vegetable of the day Steamed broccoli Assorted Fruit 1% White Milk	Mini Bagel Bites (2)  OR Daily alternative Vegetable of the day Mario Mushroom Green Bean Casserole  Princess Peach 1% White Milk	French Toast Sticks w/ Sausage Patty OR Daily alternative Vegetable of the day Sweet Potato/Tater Tots 1/2 C Cinnamon Apple Slices 1% White Milk	Beef Nachos w/ Cheese Sauce OR Daily alternative Vegetable of the day Steamed Cauliflower 1/2C Fresh Apple Slices 1% White Milk	Galaxy Pizza (WG)  OR Daily alternative Vegetable of the day Cold Veggie 1/2 C Juice 1% White Milk
3/3/2025	3/4/2025	3/5/2025	3/6/2025	3/7/2025
WG Macaroni & Cheese w/ Pretzel Stick OR Daily alternative Vegetable of the day Steamed Broccoli 1/2 C Chilled Pineapple 1% White Milk	Chicken Sticks w/ WG Roll OR Daily alternative Vegetable of the day Steamed Green Beans Assorted Fruit 1% White Milk	Pierogies w/ Sauteed Onions  OR Daily alternative Vegetable of the day Steamed Cauliflower 1/2 C Cinnamon Apple Slices 1% White Milk	Chicken Quesadilla  OR Daily alternative Vegetable of the day Black Beans 1/2 C Orange Wedge 1% White Milk	Big Daddy Pizza Slice (WG)  OR Daily alternative Vegetable of the day Steamed Carrots 1/2 C Juice 1% White Milk
3/10/2025	3/11/2025	3/12/2025	3/13/2025	3/14/2025
Breaded Ravioli w/ Marinara w/ Breadstick (WG) OR Daily alternative Vegetable of the day Steamed Broccoli 1/2 C Chilled Madarin Oranges 1% White Milk	Chicken Tenders w/ WG Roll OR Daily alternative Vegetable of the day Baked Beans 1/2 C Chilled Pears 1% White Milk	Cheeseburger on WG Bun OR Daily alternative Vegetable of the day French Fries 1/2 C Cinnamon Apple Slices 1% White Milk	Asian Sesame Chicken w/ Fried Rice (WG) OR Daily alternative Vegetable of the day Steamed Broccoli 1/2 C Orange Wedge 1% White Milk	School Made Pizza  OR Daily alternative Vegetable of the day Steamed Carrots 1/2 C Juice 1% White Milk
3/17/2025	3/18/2025	3/19/2025	3/20/2025	3/21/2025
Penne w/ Meatsauce w/ Breadstick OR Daily alternative Vegetable of the day Steamed Broccoli 1/2 C Juice 1% White Milk	Grilled Chicken Sandwich on WG Bun OR Daily alternative Vegetable of the day Steamed Green Beans 1/2 C Fruit Salad 1% White Milk	Cheesy Sandwich on WG Pretzel Bun OR Daily alternative Vegetable of the day French Fries 1/2 C Cinnamon Apple Slices 1% White Milk	Beef Taco w/ Cheddar Cheese OR Daily alternative Vegetable of the day Black Beans 1/2 C Orange Wedge 1% White Milk	4 x 6 Pepperoni Pizza Slice  OR Daily alternative Vegetable of the day Steamed Cauliflower 1/2 C Juice 1% White Milk

### DAILY ALTERNATIVES

MONDAY-WOW BUTTER OR PEANUT BUTTER & JELLY  
TUESDAY- CHEESY PULLAPART BREAD W/ MARINARA  
WEDNESDAY-WOW BUTTER OR PEANUT BUTTER & JELLY  
THURSDAY- CHEESY PULLAPART BREAD W/ MARINARA  
FRIDAY-WOW BUTTER OR PEANUT BUTTER & JELLY



PRE-K STUDENTS ARE SERVE ALL, EACH STUDENT MUST TAKE ALL OPTIONS AVAILABLE TO MAKE A FULL REIMBURSABLE MEAL.

**What is a Meal?** Students must choose at least 3/5 components available. A minimum of 1/2 cup serving of fruit AND/OR a minimum of 1/2 cup of vegetable must accompany a reimbursable lunch.

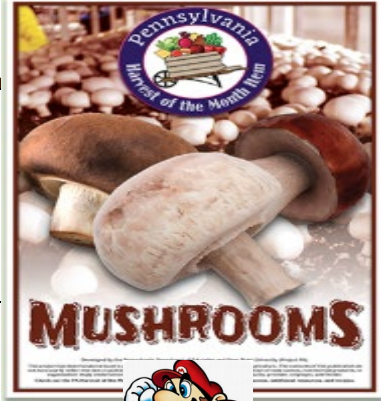
Meat or Meat alternative  
Grain/Bread  
Choice of Vegetable  
Choice of Fruit  
Choice of Milk: 1% white, FF white, FF chocolate, FF vanilla

**\*\*STUDENTS MAY TAKE UP TO 1 CUP FRUIT AND 1 CUP VEGETABLE BUT MUST CHOOSE MINIMALLY 1/2 CUP OF FRUIT OR VEGETABLE**


Weekly Vegetable Subgroups May Include:  
Dark Green: Spinach, broccoli, romaine, and spring salad  
Red/Orange: Carrots, Sweet Potatoes, tomatoes and red peppers  
Legumes: Beans  
Starchy: Potatoes, corn, peas, lima beans  
Other Vegetables: Celery, Cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

### Harvest Valley Farms

FROM OUR FARM TO YOUR TABLE



## MUSHROOMS



MARIO IS COMING TO HELP WITH THE HARVEST OF THE MONTH. MUSHROOMS ARE NOT JUST FOR SIZING UP

CLICK THIS LINK FOR MORE INFORMATION ON MUSHROOMS:

[mushrooms-fact-sheet-ada-508.pdf](#)



HIGHLANDS HAS PARTNERED WITH



## FARM TO SCHOOL "DIGGING DEEPER"

Food Service Director: [swaffernsmith@haddenvs.com](mailto:swaffernsmith@haddenvs.com)

This institution is an equal opportunity provider and employer

Menu subject to change. Adult Lunch Price \$4.73 Student Lunch Price: FREE