



HIGHLANDS ELEMENTARY LUNCH

FEBRUARY/ MARCH

PARENTS: SIGN UP HERE
FOR LUNCH BUNCH
PROGRAM →



MAIN ENTRÉE

2/17/2025 Mini Corndog Nuggets (6) & WG Roll OR Daily alternative Vegetable of the day Baked Beans Fresh Vegetable Choice Assorted Fruit Choice of Milk	2/18/2025 Chicken Nuggets w/ WG Roll OR Daily alternative Vegetable of the day Steamed Corn Fresh Vegetable Choice Assorted Fruit Choice of Milk	2/19/2025 Cheeseburger on WG Bun OR Daily alternative Vegetable of the day French Fries Fresh Vegetable Choice Assorted Fruit Choice of Milk	2/20/2025 Breaded Chicken Drumstick w/ Peppy Pasta Salad & Roll OR Daily alternative Vegetable of the day Green Bean Casserole Fresh Vegetable Choice Assorted Fruit Choice of Milk	2/21/2025 Buffalo Chicken Pizza OR Daily alternative Vegetable of the day Steamed Cauliflower Fresh Vegetable Choice Assorted Fruit Choice of Milk
2/24/2025 Pasta w/ Meatballs (4) w/ WG Roll OR Daily alternative Vegetable of the day Steamed Broccoli Fresh Vegetable Choice Assorted Fruit Choice of Milk	2/25/2025 Chicken Patty on WG Bun OR Daily alternative Vegetable of the day Steamed Green Beans Fresh Vegetable Choice Assorted Fruit Choice of Milk	2/26/2025 Grilled Cheese Sandwich (WG) OR Daily alternative Vegetable of the day Tomato Soup Fresh Vegetable Choice Assorted Fruit Choice of Milk	2/27/2025 Philly Steak & Cheese (sauce) on WG Hoagie Bun OR Daily alternative Vegetable of the day Potato Wedges Fresh Vegetable Choice Assorted Fruit Choice of Milk	2/28/2025 Tony's Beef (Fiestada) Pizza OR Daily alternative Vegetable of the day Steamed Carrots Fresh Vegetable Choice Assorted Fruit Choice of Milk
3/3/2025 WG Macaroni & Cheese w/ Pretzel Stick OR Daily alternative Vegetable of the day Steamed Broccoli Fresh Vegetable Choice Assorted Fruit Choice of Milk	3/4/2025 Chicken Sticks w/ WG Roll OR Daily alternative Vegetable of the day Steamed Green Beans Fresh Vegetable Choice Assorted Fruit Choice of Milk	3/5/2025 Pierogies w/ Sauteed Onion w/ WG Roll OR Daily alternative Vegetable of the day Steamed Cauliflower Fresh Vegetable Choice Assorted Fruit Choice of Milk	3/6/2025 Beef Taco (2) on Hard Shell OR Daily alternative Vegetable of the day Refried Beans smothered in Cheese Fresh Vegetable Choices Assorted Fruit Choice of Milk	3/7/2025 Big Daddy Pizza Slice (WG) OR Daily alternative Vegetable of the day Steamed Carrots Fresh Vegetable Choices Assorted Fruit Choice of Milk
3/10/2025 Chicken Alfredo w/ WG Garlic Knot OR Daily alternative Vegetable of the day Steamed Broccoli Fresh Vegetable Choice Assorted Fruit Choice of Milk	3/11/2025 Chicken Tenders w/ WG Roll OR Daily alternative Vegetable of the day Baked Beans Fresh Vegetable Choices Assorted Fruit Choice of Milk	3/12/2025 Cheeseburger on WG Bun OR Daily alternative Vegetable of the day French Fries Fresh Vegetable Choices Assorted Fruit Choice of Milk	3/13/2025 Sweet n Sour (Popcorn) Chicken w/ Fried Rice (WG) OR Daily alternative Vegetable of the day Steamed Broccoli Fresh Vegetable Choices Assorted Fruit Choice of Milk	3/14/2025 WG Pizza Sticks (2) w/ Marinara OR Daily alternative Vegetable of the day Steamed Carrots Fresh Vegetable Choices Assorted Fruit Choice of Milk
3/17/2025 Pasta w/ Meatsauce w/ WG Breadstick OR Daily alternative Vegetable of the day Steamed Broccoli Fresh Vegetable Choice Assorted Fruit Choice of Milk	3/18/2025 Grilled Chicken Sandwich on WG Bun OR Daily alternative Vegetable of the day Steamed Green Beans Fresh Vegetable Choices Assorted Fruit Choice of Milk	3/19/2025 Pillsbury Pullapart w/ Marinara OR Daily alternative Vegetable of the day Roasted Potatoes Fresh Vegetable Choices Assorted Fruit Choice of Milk	3/20/2025 Chicken Tacos Soft (2) OR Daily alternative Vegetable of the day Refried Beans Fresh Vegetable Choices Assorted Fruit Choice of Milk	3/21/2025 4 x 6 WG Cheese Pizza Slice OR Daily alternative Vegetable of the day Steamed Carrots Fresh Vegetable Choices Assorted Fruit Choice of Milk

adagio health

PEPPY PASTA SALAD
GREEN BEAN
CASSEROLE
MUSHROOM PIZZA

MUSHROOMS GALORE



DAILY ALTERNATIVES

MONDAY-20Z LUCKY CHARM CEREAL/VANILLA YOGURT
TUESDAY- WOW BUTTER OR PEANUT BUTTER & JELLY
WEDNESDAY-20Z COCOA PUFF CEREAL/VANILLA YOGURT
THURSDAY- WOW BUTTER OR PEANUT BUTTER & JELLY
FRIDAY- 20Z CINNAMON TOAST CRUNCH CEREAL/VANILLA YOGURT

DAILY ALTERNATIVE SALADS

GRILLED CHICKEN SALAD
VEGETABLE SALAD



What is a Meal?
Students must choose at least 3/5 components available. A minimum of 1/2 cup serving of fruit AND/OR a minimum of 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat alternative
Grain/Bread
Choice of Vegetable
Choice of Fruit
Choice of Milk: 1% white, FF white, FF chocolate, FF vanilla

****STUDENTS MAY TAKE UP TO 1 CUP FRUIT AND 1 CUP VEGETABLE BUT MUST CHOOSE MINIMALLY 1/2 CUP OF FRUIT OR VEGETABLE**

Weekly Vegetable Subgroups May Include:
Dark Green: Spinach, broccoli, romaine, and spring salad
Red/Orange: Carrots, Sweet Potatoes, tomatoes and red peppers
Legumes: Beans
Starchy: Potatoes, corn, peas, lima beans
Other Vegetables: Celery, Cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

OFFER VS SERVE

Local Vegetables Harvest Valley Farms
FROM OUR FARM TO YOUR TABLE





HIGHLANDS HAS PARTNERED WITH



FARM TO SCHOOL "DIGGING DEEPER"

Food Service Director: swaffensmith@goldenrams.com

This institution is an equal opportunity provider and employer

Menu subject to change- Supply Chain issues are still fluid and unstable. Last minute changes could be necessary until further notice.