

SECTION: PUPILS

TITLE: ADAPTIVE PHYSICAL EDUCATION

ADOPTED: September 17, 2012

REVISED:

HIGHLANDS SCHOOL DISTRICT

	<p style="text-align: center;">254. ADAPTIVE PHYSICAL EDUCATION</p> <p>1. Purpose The Pennsylvania School Law emphatically mandates and Highlands School District directs that every student in attendance will be scheduled for and participate in physical education classes. Activities are to be stated in a planned course of study and may include those activities prescribed by a licensed medical practitioner (doctor). School nurse will expedite medically excused student’s absence from physical education class.</p> <p>2. Authority Students that require an absence from physical education classes (for medical reasons) must present a doctor’s excuse to the school nurse. The medical excuse must identify the approximate time frame of absence from physical education and the restrictions/ limitations of activity in the regular physical education class. The school nurse will review the medical excuse and determine if the needed information is present. The school nurse may need to contact the student’s parent to request additional information from the doctor. The original excuse will be filed in the student’s health record for future reference.</p> <p>3. Delegation of Responsibility A copy of the student’s medical excuse will be presented to the Physical Education Instructor. The instructor will determine the appropriate placement of the student considering the specific restrictions/limitations and the length of absence identified and anticipated by the student’s physician. Options include Contracted Physical Education (adaptations to the regular physical education classes for up to 18 weeks. An extension may be granted if physician can document need for extension) or an Adaptive Physical Education Class (activities specific to students’ limitations/ restrictions that are long-lasting/permanent – greater than 18 weeks).</p> <p>A physician’s statement, indicating ability to participate, must be delivered to the school nurse before the student can return to regular physical education classes. A copy of this statement will be presented to the Physical Education Instructor. The school nurse may need to contact the student’s parent to request additional information from the doctor. The original medical statement will be filed in the student’s health record for future reference.</p>
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