

## Football Registration Form

Name \_\_\_\_\_

Birthdate \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Parent/Guardian Cell Phone \_\_\_\_\_

Shirt Size YS\_\_\_ YM\_\_\_ YL\_\_\_ AS\_\_\_ AM\_\_\_ AL\_\_\_ AXL\_\_\_

Cost YMCA Member—\$50 YMCA Family Member—\$25\*\*

Program Participant/Non YMCA Member—\$150

\*\*Must have a Valley Points Family YMCA Family membership upon registration\*\*

- I hereby certify that the above listed participant is in normal health and capable of safe participation in this program. I assume all risk(s) and hazards incidental to the conduct of this program and for the transportation to and from the program. I hereby authorize the YMCA to obtain medical treatment for the participant(s) listed above in the event that a parent and the emergency contact cannot be reached.
- I support the YMCA philosophy, which is based on participation, having fun, physical fitness and health, skill development, teamwork, fair play, family involvement, volunteer leadership and character development, which include: caring, honesty, respect and responsibility.
- I give my consent for full participation in the program for which the participant(s) above is registered. I accept the risk incidental to this activity and do hereby release the Valley Points Family YMCA, its employees, volunteers, directors, members and guests of any liability or negligence resulting from an accident or injury incurred while participating in this activity.

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

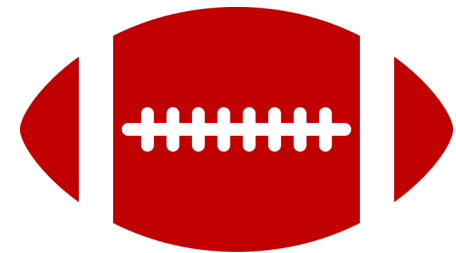
### **VOLUNTEER COACHES NEEDED!**

If you are interested in volunteering as a youth flag football coach please write your name and phone number in the space below and we will be in touch!

Name \_\_\_\_\_ Phone \_\_\_\_\_



**Valley Points Family YMCA**



# **RUN! THROW! SCORE WITH THE Y!**

## **Flag Football League Pre-K thru 7th Grade September 11—November 6**

This correspondence is being circulated as a community service at the request of a non-school organization. The information and/or activities are not associated with the School District. Any questions or correspondence should be directed toward the activity coordinator or sponsor as identified hereon.

# THE PROGRAM

YMCA Flag Football is an exciting sport combining team play and individual skills. YMCA Flag Football promises no try outs, no getting cut and no bench warmers! Every child plays at least half of every game while making friends and learning new techniques. YMCA utilizes volunteer coaches to focus on participation and fun!

While basic skills of the game are developed through practices and games, every child learns sportsmanship and values necessary to be successful in life. Every game begins and ends with a handshake.

## YMCA Flag Football Divisions

**\*Divisions may be adjusted based off the number of registered participants\***

**The Rookies League** will consist of children Pre K (4 years old and up) thru Kindergarten. This division will be more instructional/hands on and the focus will be on the fundamentals of running, passing and catching. Saturdays will be 4 weeks of practice/scrimmages and 5 weeks of games.

**The Winners League** will be made up of participants that are enrolled in grades 1st thru 4th. There will be two separate divisions for the Winners League. Children in grades 1st and 2nd will be in a separate division from children who are in grades 3rd and 4th. The rules will be the same for both leagues and teams will further develop their skills while learning how to keep the game of football fun and enjoyable for all. Saturdays will be 2 weeks of practice, 1 scrimmage/practice week and 6 weeks of games.

**The Champions League** will be made up of children enrolled in grades 5th, 6th, 7th This division will be more competitive and tightly monitored to ensure safety for all participants. Saturdays will be 2 weeks of practice, 1 scrimmage/practice week and 6 weeks of games.

# LEAGUE ITINERARY

**Program Start Date:** Saturday, September 11th\*\*  
(see practice times below)

**Late Sign Up Fee (after 9/11):** \$10 (also, you are NOT guaranteed a jersey if signing up after Sept. 12th!)

**League Practice Weeks 1 & 2—September 11th & 18th**  
**@ Allegheny Valley Branch, Natrona Heights (5021 Freeport Rd)**  
**Times:** 9:00AM - 10:00AM Champions (5th/6th/7th)  
10:15AM - 11:15AM Winners (1st/2nd & 3rd/4th)  
11:30AM - 12:30PM Rookies (Pre K/Kindergarten)  
**\*Full Season schedules provided on week #2\***

**@ Allegheny Valley Branch, Natrona Heights**

**Parent Orientation:** Saturday, September 11th  
(will take place during your child's practice)

**Weekly Practice:** At least once a week, Tuesday - Thursday evening, time and location determined by coaches.

**Practice Locations (\*Subject to change\*):**

Bon Air Elementary School, Lower Burrell

Stewart Elementary School, Lower Burrell

Valley High School Track/Soccer Field, New Kensington

Kiski Valley Branch, Leechburg

YMCA Early Learning Center Field, West Vandergrift

Allegheny Valley Branch (field behind YMCA), Natrona Heights

**Volunteer Coaches:** Any volunteer interested in coaching needs to schedule a meeting with league director Jason Halfhill prior to the start of the program. All volunteers must have clearances that are less than 5 years old. The YMCA has the ability to run clearances as well, so please contact Jason for clearance forms.

## YMCA Contact Info

Jason - [jhalfhill@vpfymca.org](mailto:jhalfhill@vpfymca.org) | 724-335-9191