



## Strengthening Families Program 10-14

Presented by the ParentWISE Program of Wesley Family Services  
For Parents and Youth (age 10-14)

Thursdays, April 11th-May 23rd, 2024

Dinner at 5:30 Class from 6-8pm

Wesley Family Services Pioneer, 1045 4th Ave, New Kensington

To enroll contact Shana at

724-217-8303 or [parentwise@wfspa.org](mailto:parentwise@wfspa.org)

An evidence-based parent, youth, and family  
skills-building curriculum that:

- Prevents teen substance abuse and other behavior problems
- Strengthens parent/youth communication skills
- Increases academic success in youth
- Prevents violence and aggressive behavior at home and at school

From Our Youth:

*"I learned to deal with peer pressure."*

*"I realized my parents have stress too."*

*"My parents love me."*

From Our Parents:

*"I learned to listen to my child and their feelings."*

*"I can set rules and consequences and still show love."*



wesley  
family  
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STRENGTHENING  
*Families* PROGRAM

FOR PARENTS AND YOUTH 10-14

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[wfspa.org](http://wfspa.org)