


March

Highlands Schools – Grades K-8

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<i>Note: Grades K-5 are served Breakfast in the Classrooms and Grades 6-12 are offered a Grab 'n Go Breakfast.</i>	1 Chicken Wraps Oven Fries Steamed Broccoli Choice of Fruit, Milk	2 <i>Gr. 6-8:</i> Chicken Nuggets Mac & Cheese <i>Elem:</i> Green Eggs & Ham Hash Brown Potatoes Choice of Fruit, Milk	3 Taco Spanish Rice Mixed Veggies Choice of Fruit, Milk	4 Pizza Tossed Salad Veggie Sticks Choice of Fruit, Milk	5
6	7 Mini Corn Dogs Mac & Cheese Steamed Peas Choice of Fruit, Milk	8 Chicken Nuggets w/Roll Oven Fries Steamed Carrots Choice of Fruit, Milk	9 Hot Dog on Bun Oven Fries Baked Beans Choice of Fruit, Milk	10 Chicken Tenders w/Roll Mashed Potatoes Steamed Corn Choice of Fruit, Milk	11 Pizza Tossed Salad Veggie Sticks Choice of Fruit, Milk	12
13	14 Lucky Tray Day (K-5) Cheeseburger on Bun Oven Fries Baked Beans Choice of Fruit, Milk	15 Popcorn Chicken w/Roll Mashed Potatoes Mixed Veggies Choice of Fruit, Milk	16 Grilled Cheese Tomato Soup Goldfish Crackers, Veggies Choice of Fruit, Milk	17 <i>St. Patrick's Day</i> Chef Boyardee Ravioli Breadstick Tossed Salad Choice of Fruit, Milk	18 Pizza Tossed Salad Veggie Sticks Choice of Fruit, Milk	19
20	21 Makeup Day SCHOOL IN SESSION Chicken Nuggets w/Roll Mac & Cheese Mixed Veggies Choice of Fruit, Milk	22 NO SCHOOL FOR STUDENTS Teacher Clerical Day Gold Card Luncheon	23 SCHOOLS CLOSED <i>or Makeup Day</i>	24 SCHOOLS CLOSED SPRING BREAK	25 SCHOOLS CLOSED SPRING BREAK <i>Good Friday</i>	26
27 EASTER Menu subject to change. <i>Alternatives available daily.</i>	28 SCHOOLS CLOSED SPRING BREAK	29 Chicken Patty on Bun Oven Fries Steamed Broccoli Choice of Fruit, Milk	30 Steak & Cheese Hoagie Oven Fries Baked Beans Choice of Fruit, Milk	31 Highlands Hoagie Veggie Sticks Baked Chips Homemade Chicken Noodle Soup Choice of Fruit, Milk	Facebook & Twitter @HighlandsSD Instagram: highlandsrams Highlands Website: www.goldenrams.com	

2016

School Breakfast

Grades K-5 are served Breakfast in the Classrooms and Grades 6-12 are offered a Grab 'n Go Breakfast.

Free Meals for All Students

Highlands School District offers free breakfast and lunch for all students. Highlands was approved as a district-wide free food program through the Healthy Hunger-Free Kids Act passed by President Barack Obama in 2010. The community eligibility allows all students to receive free breakfast and lunch items that appear on the school's monthly menu calendar. The purpose of this legislation and the program at Highlands is to improve overall student health by providing nutritious, healthy food.

A la carte and seconds are available for students to purchase. The "My SchoolBucks" accounts is still used to charge students for such purchases. SchoolBucks balances will carry over from last year for A la carte items.

Parents do not need to fill out a Free or Reduced Lunch Application. QUESTIONS? Contact Food Services Director Sharon Conway at 724-226-1000, ext. 6109.

Food Services Department Offers Online

Prepayment Service for Purchase of A la Carte, Seconds

Highlands School District's Food Service Department provides parents a convenient, easy and secure online prepayment service to deposit money into your child's account at any time for purchase of A la Carte items and seconds. This service also provides parents the ability to view your child's account balance through a website called MySchoolBucks.com.

To access these services:

1. Simply go to the district website at www.GoldenRams.com.
2. Go to **Site Shortcuts** on the left side of the district homepage.
3. Find the **MySchoolBucks Login** link. From this site you will create your account and add money to your child's school meal account. You need your child's name, student ID number and school zip code.

Visit Highlands at www.goldenrams.com

UPCOMING EVENTS

Highlands High School presents "**All Shook Up**" on *March 11-13*. Highlands Middle School presents "**The Lion King Jr.**" on *March 18 & 19*. Information for both musicals is posted on www.goldenrams.com.

The Highlands Early Childhood Fair and Kindergarten & Pre-K Registration is currently scheduled for *Thursday, April 14* from 5:30-8pm in the Highlands High School cafeteria. More information will be posted on the district website soon!