




February

Highlands HS & MS Lunch Menu

Sun	Mon	Tue	Wed	Thur	Fri	Sat
ALTERNATE THIS WEEK: Chicken Pattie on Bun	1 Meatball Hoagie Parsley Potatoes Mixed Veggies Fruit, Milk	2 Popcorn Chicken w/roll Mashed Potatoes Gravy Green Beans Fruit, Milk	3 HS- Pizza Bar w/Choice of Toppings MS – Choice of Pizza Tossed Salad Baked Chips Fruit, Milk	4 HS- Taco Bar MS- Choice of Taco, Mexican Rice, Corn Fruit, Milk Secondary Parent Teacher Conferences 6:30-8:30 PM	5 HALF DAY FOR SECONDARY SCHOOLS NO LUNCH	6 
7 ALTERNATE THIS WEEK: 2 Fer Hot Dog on Bun	8 Italian Style Hot Pocket Oven Fries Green Beans Fruit, Milk	9 Chicken Parmesan w/Side of Spaghetti Tossed Salad Fruit, Milk	10 HS- Pizza Bar w/Choice of Toppings MS – Choice of Pizza Tossed Salad Baked Chips Fruit, Milk	11 Highlands Hoagie Homemade Chicken Noodle Soup Carrots Fruit, Milk	12 Pork BBQ Onion Rings Baked Beans Fruit Milk	13 HIGH SCHOOL: During Lent Sandwich Bar will be on Monday & Thursday and Salad Bar will be Tuesday, Wednesday & Friday
14 ALTERNATE THIS WEEK: Cheeseburger on Bun	15 PRESIDENTS' DAY SCHOOLS CLOSED (Or Makeup Day #2)	16 Chicken Salad w/Roll Oven Fries Fruit Milk	17 HS- Pizza Bar w/Choice of Toppings MS – Choice of Pizza Tossed Salad Baked Chips Fruit, Milk	18 Chicken Panini Oven Fries Corn Fruit Milk	19 Fish Sandwich Mac & Cheese Coleslaw Peas Fruit Milk	20
21 ALTERNATE THIS WEEK: 2 Fer Hot Dog on Bun	22 Wally Day Grilled Cheese Sandwich Tomato Soup Goldfish Crackers Fruit, Milk	23 Popcorn Chicken Mashed Potatoes Gravy Corn Fruit, Milk	24 HS- Pizza Bar w/Choice of Toppings MS – Choice of Pizza Tossed Salad Baked Chips Fruit, Milk	25 HS- Burger Bar MS – Cheeseburger on Bun Oven Fries Fruit Milk	26 HS- Pasta Bar w/Choice of Sauces MS- Cheese Ravioli Breadstick Tossed Salad Fruit, Milk	27 For district announcements & features, visit the Highlands website at www.goldenrams.com
28 	HS & MS Lunches \$2.00 MENU SUBJECT TO CHANGE		Prepayments should be made on Monday mornings. See reverse side for prepayment options.	